



# Chartiers High School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Mar BBQ Rib Sandwich Fish Sticks Seasoned Vegetables  Popcorn Chicken Salad
4 Mar Steamed Dumplings Mixed Vegetable Chef Salad Garden Salad w/egg & Cheese	5 Mar Pasta Bar Steamed Corn Ham Cheese Bistro Box Garden Salad w/egg & Cheese	6 Mar Chicken Nuggets Steamed Broccoli Cheesy Diced Potato's Seasoned Vegetables Popcorn Chicken Salad	7 Mar Chicken Alfredo w/ roll Steamed Corn Popcorn Chicken Salad Cheese & Grape Bistro Box	8 Mar Popcorn Chicken Bowl Mashed Potato's Gravy Corn Fish Sticks Garden Salad w/egg &
11 Mar Perogies  Carrots Popcorn Chicken Salad	12 Mar Breakfast Bowl Seasoned Hash browns Popcorn Chicken Salad	13 Mar Grilled Pizza Sandwich  Tomato Soup Peas Cheese & Grape Bistro Box	14 Mar Mac & cheese bowl  Stewed Tomato's Cheese & Grape Bistro	15 Mar Fish Sticks Boneless Wings  Sweet Potato Fries Chef Salad Garden Salad w/egg &
18 Mar Chicken & Gravy over Biscuit & Mashed Potato's  Seasoned Corn	29 Mar Grilled Cheese W/ Tomato Soup Seasoned Peas Garden Salad w/egg & Cheese	20 Mar Pasta Bowl Seasoned Corn Popcorn Chicken Salad	21 Mar BBQ Chicken Sandwich Baked Beans Cheese & Grape Bistro	22 Mar Build your own Breakfast Bowl Chef Salad Garden Salad w/egg & Cheese
25 Mar Walking Taco's Black Beans Seasoned Carrots	26 Mar Popcorn Chicken Bowl Mashed Potato's Gravy Corn Fish Sticks Garden Salad w/egg &			<b>Daily</b> <b>Italian Sub</b> <b>Cheeseburger</b> <b>Spicy Chicken</b> <b>French Fries or Tots</b>

## Daily Fruit and Vegetable Options

Applesauce      Baby Carrots  
Diced Pears      Cherry Tomatoes  
Mixed Fruit      Celery Sticks  
Fresh Apple      Fresh Broccoli  
Fresh Orange  
Fresh Banana

## Daily Cold Entree Options

Peanut Butter & Jelly Sandwich  
Ham & Cheese Sandwich/ Wrap  
Turkey & Cheese Sandwich/ Wrap  
Italian Sandwich/ Wrap

## Daily Pizza

Cheese & Pepperoni  
Monday Buffalo Chicken  
Tuesday Chicken Bacon Ranch  
Wednesday BBQ Chicken  
Thursday White Pizza  
Friday Chef Choice

## Daily Milk Options

1% White Milk  
Fat Free Chocolate  
Fat Free Vanilla  
1% Strawberry