



Lunch Menu

High School



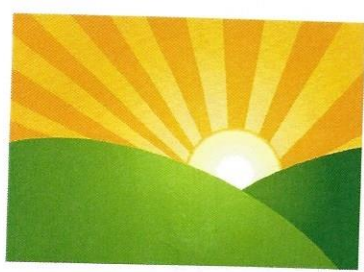
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Dish of the Day Oven Fried Chicken Mashed Potatos Mixed Vegetables	2 Dish of the Day BBQ Pork Sandwich Steamed Broccoli	3 Dish of the DAY Mac& Cheese W/ Fish Sticks Corn
6 Dish of the Day Penne W/ Meatsauce Steamed Carrots	7 Dish of the Day Grilled Cheese W/ Creamy Tomato Soup Green Beans	8 Dish of the Day Chicken Alfredo Steamed Broccoli	9 Dish of the Day Pierogies Peas	No Dish of the Day Soft Tacos Corn
13 Dish Of The Day Chicken Gravy Over Biscuit Mashed Potatoes Steamed Corn	14 Dish of the Day Oven Fried Chicken Mashed Potato Peas	15 Dish of the Day BBQ Chicken Dippers Carrots	16 Dish of the Day Hot Roast Beef Sandwich Green Beans	17 Dish of the Day Breakfast Bowl
20 Dish of the Day Walking Taco's Black Beans	21 Dish of the Day Chicken Fajita Black Beans	22 Dish of the Day Chef Special	23 Dish of the Day Pulled Pork Sandwich Seasoned Corn Tater Tots	24 Chef Special
27 No School	28 Dish of the DAY Chef Special	29	30	

Daily- Pepperoni or Cheese
 Monday- Buffalo Chicken
 Tuesday- White
 Wednesday- BBQ Chicken
 Thursday- Taco
 Friday- Chicken Bacon Ranch

Daily Hot Grab and Go:
 Daily- Regular & Spicy Chicken Sandwich or Burger
 Monday- Calzone
 Tuesday- Corn Dog Nuggets
 Wednesday- Chicken Nuggets
 Thursday- Cheesy Bread Sticks
 Friday- Boneless Wings w/ Sauces

Variety of
 Salads
 Bistro Boxes

Cold Grab & Go Sandwich or Wrap :
 Monday- Turkey Club or Ham & Cheese
 Tuesday- Italian Hoagie or Chicken Bacon Ranch
 Wednesday- Tuna Salad or Grilled Chicken Cesar
 Thursday- Turkey Club or Ham & Cheese
 Friday- Italian Hoagie or Chicken Bacon Ranch
 Made to Order Deli Bar Daily



Rise and Shine High School Breakfast May Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 May Grape Juice Oatmeal round Emoji waffle	2 May Fruit Juice Apple Sauce Pop Tart/ W crackers Assorted Frudel	3 May Orange Juice Assorted Cereal Strawberry Guava Flip French Toast Sticks
6 May Orange Juice Assorted Cereal Zee Zee Bars Breakfast Chicken Bisquit	7 May Apple Juice Assorted Cereal Mini Waffles Apple Cinnamon Rounds	8 May Fruit Juice Apple Sauce Mini Donuts Funnel Cake	9 May Apple Juice Assorted Cereal Assorted Benefit Bars Cheese Omelet	10 May IFruit Juice Apple Sauce Pop Tart/ W crackers Assorted Frudel
13 May Orange Juice Assorted Cereal Goody Ring Sausage Egg Cheese Bagel	14 May Fruit Punch Assorted Cereal Apple Cinnamon Muffin Soft Filled Coco Puff	15 May Orange Juice Assorted Cereal Apple Roll Blueberry Pancake	16 May Apple Juice Assorted Cereal Assorted Frudels Assorted Poptarts	17 May Grape Juice Assorted Cereal Benefit Bars Mini Strawberry Pancakes
20 May Orange Juice Assorted Cereal Goody Ring Sausage Egg Cheese Bagel	21 May Orange Juice Assorted Cereal Cinnamon bun Soft Cocoa bar	22 May Apple Juice Assorted Cereal Dutch Waffle 6 pack mini donuts	23 May Fruit Juice Apple Sauce Pop Tart/ W crackers Assorted Frudel	24 May Apple Juice Assorted Cereal Assorted Benefit Bars Mimi confetti pancake
27 May Orange Juice Bagged Apples Zee Zee Bar Chicken on a Biscuit	28 May Grape Juice Oatmeal round Emoji waffle			

- Daily Fruit & Juice Options**
- Applesauce
 - Diced Pears
 - Mixed Fruit
 - Fresh Apple
 - Fresh Orange
 - Fresh Banana
 - Apple Juice
 - Orange Juice
 - Grape Juice
 - Fruit Punch

- Daily Milk Options**
- 1% White Milk
 - Fat Free Chocolate
 - Fat Free Vanilla
 - 1% Strawberry

