

FREQUENTLY ASKED QUESTIONS - HEALTHY ROSTER

Q: Can I still turn in paper copies of the mandatory forms (documents) to the Athletic Office?

A: No. ALL Paperwork must be submitted online on the Healthy Roster Website

Q: What are the mandatory forms (documents) that need to be filled out online via Healthy Roster

A: The following forms (documents) must be filled out online and signed electronically:

- PIAA CIPPE - Sections 1 & 2
- PIAA CIPPE - Sections 3 & 4
- PIAA CIPPE - Section 5
- PIAA CIPPE - Section 6 (Upload completed form only)
- PIAA CIPPE - Section 7 (if necessary)
- Allegheny Health Network - Authorization for Release of Protected Info
- Allegheny Health Network - Consent to Treat
- Chartiers-Houston Parent/Athlete Code of conduct (Must be Signed)

Q: Why can't I fill out PIAA CIPPE - Section 6 online?

A: PIAA CIPPE - Section 6 is the actual physical that requires a physician signature, which cannot be done electronically. To upload this form, please follow the instructions found with the PIAA CIPPE - Section 6 document.

Q: Why is PIAA CIPPE - Section 7 not mandatory for all athletes?

A: PIAA CIPPE - Section 7 is only mandatory for athletes who are playing more than one (1) sport during a school year. This form won't be available to complete not earlier than six (6) weeks prior to the start of the winter and spring sports season.

Q: Can I fill out the forms (documents) prior to June 1st and submit the physical after June 1st?

A: No. All paperwork must be completed and signed after June 1st per PIAA guidelines. All documents will be electronically dated when completed online, so you won't be able to change the date.

Q: Do these forms (documents) need to be filled out prior to voluntary, off-season workouts?

A: No. All paperwork is due prior to the start of the first official day of practice.

Q: If I have health care insurance other than Highmark (i.e. UPMC, Cigna, United, Aetna, etc.), do I need to complete the **Allegheny Health Network - Authorization for Release of Protected Info** and **Allegheny Health Network - Consent to Treat** documents?



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Allegheny
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Sports Medicine

A: Yes. These forms are necessary for our Certified Athletic Trainer to provide treatment and care to all student-athletes in the Chartiers-Houston School District.